

August 2014 Lunch



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Adults who wish to eat lunch should notify the school office before 9:00 a.m.		EL 12 days = \$30.00 MS/HS 12 days=\$31.20		1	2 
3	4	5	6	7	8	9
10	11	12	13	14 Hamburger on WG Bun Hash Brown Patty Baked Beans	15 Chicken Nuggets Green Beans	16
17	18 Ham & Cheese Roll-Up French Fries	19 Pizza Peas & Carrots	20 Taco Burger on WG Bun Refried Beans Corn & Black Bean Salsa	21 Pizza Mac Royal Brownie	22 Chicken Patty On WG Bun Mashed Potatoes & Gravy	23
24	25 Beef & Bean Burrito Green Beans	26 Cheesy Bread w/ Marinara Sauce Carrots Oatmeal Cookie	27 Pulled Pork on WG Bun Baked Beans	28 Chicken Fried Steak Mashed Potatoes & Gravy	29 Turkey & Cheese Sub Smiley Fries	30
31	CHECK FOR SEPTEMBER MENUS ON WEBSITE LATER THIS MONTH					
ALL MEALS ARE SUBJECT TO CHANGE						

Elementary Lunch Choices
 Kindergarten & Gr 1 Peanut Butter/Jelly Sandwich as alternate main meal every day.
 Grades 2-4 alternate main menu is Peanut Butter/Jelly Sandwich on Mon/Wed/Fri
 Chef Salad on Tues/Thur.

Fruit/Veggie Bar & Milk Choices

All meals are served with choice of fresh and canned fruit and vegetables. Choice of milk available also.

New USDA Nutrition Standards Implementation of The Healthy Hunger Free Kids Act's new nutrition standards begins this year. Your school meal program was already in compliance with most of the new requirements including fruit and vegetable servings and fat limits. We have adjusted our menus to offer the required whole-grain -rich foods, and to stay within the minimum and maximum number of grain and bread servings allowed per day and week.